

Masters Training Grid January 2023

0

TRAINING GRID	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Masters Sessions 6 sessions on offer		WOKING COMP POOL ** 06:00 - 08:00 Max 2 lanes		WOKING COMP POOL** 06:00 - 08:00 Max 2 lanes	WOKING COMP POOL 06:00 - 07:30 Max 2 lanes	The Orbit, EGHAM 06:00 - 08:00 Max 3 lanes	Eastwood Centre, Woking 07:00-09:00 3 lanes
		PIRBRIGHT* 19:30-21:00 Whole Pool					

Masters choose between 1 and 6 sessions per week, space dependent

**** Due to limited space on Monday and Wednesday AM sessions - preference will be given to those that select 4-6 sessions per week**

*** Pirbright Pool**

Due to strict security arrangements at The Pirbright Army Barracks, the squad **MUST** meet at the car park outside The Barracks at the latest 7:15pm where the whole squad must walk down to the pool together. **Late arrivals will not be admitted by army security**