

# Woking Swimming Club

## Roll of Honour



### 2003 – Sarah Redrup

Sarah joined Woking Swimming Club as an eight year-old in 1989.

Her achievements are simply second to none. During her career Sarah has competed several times in the National Age Groups in the 200 IM, 100m Butterfly, 100m Backstroke and 50m Backstroke, with the highlight of coming fourth in the 17/18 years 50m Backstroke. Sarah came ninth in the 50m Open Backstroke in 2001, just failing to make the final. The following year she came seventh in the final of the 50m Open Backstroke, a tremendous achievement.

Sarah gained (and still holds) the British Masters Senior Short Course 50m Backstroke record in November 2002. She has represented Surrey County on many occasions and has won numerous County gold and Southern County medals.

An invaluable A team member, Sarah has gained numerous points in galas for the Club, not only in her specialist backstroke but also in all other strokes. Despite attempting to retire on numerous occasions, Sarah continues to swim and compete for Woking Swimming Club. A qualified ASA Assistant Teacher; Sarah can often be seen helping the Coaches on poolside.

For her exceptional achievement and length of service, Sarah Redrup has been added to the Roll of Honour in 2003.

Sarah retired from swimming in 2004.