



DECEMBER DASHER

10TH DECEMBER 2023

L3 - GRADE A/B



Swim England Licence Applied For
Under Swim England Laws and Swim England Technical Rules

Session 1 TBC TBC TBC			Session 2 TBC TBC TBC			Session 3 TBC TBC TBC		
Event	Gender	Stroke	Event	Gender	Stroke	Event	Gender	Stroke
1	Female	200 Breast	9	Female	200 Free	17	Female	200 Back
2	Male/Open	200 Breast	10	Male/Open	200 Free	18	Male/Open	200 Back
3	Female	50 Fly	11	Female	100 Breast	19	Female	100 Fly
4	Male/Open	50 Fly	12	Male/Open	100 Breast	20	Male/Open	100 Fly
5	Female	100 Back	13	Female	50 Back	21	Female	50 Breast
6	Male/Open	100 Back	14	Male/Open	50 Back	22	Male/Open	50 Breast
7	Female	50 Free	15	Female	200 Fly	23	Female	100 Free
8	Male/Open	50 Free	16	Male/Open	200 Fly	24	Male/Open	100 Free

All times shown are estimated
Warm Up Starts | Racing Starts | Racing Ends