



Name: Ben Smith  
DOB: 29/5/1988  
Date joined WSC: 1997  
University: Royal Holloway, University of London  
2007-2010  
Degree: History

#### **My Time at Woking Swimming Club:**

Coaches: John Eastwood, Juliet Todd, Vince Ayling, Liz Robbins, Alex Counsell, Mark Staiger  
Swimmers I trained with : – 23 years of swimming so strap yourselves in: Nic Smith, Chris Bett, Alex Smith, Ross Arnfield, Rob Taylor, Catherine Taylor, Shelley Eastwood, Bethany Eastwood, Anna-Marie McGraw, Amy Edmonds, Becky Harding, Dan Gibson, John Hargan, Sarah Noble, Becky Merritt, Tia Thurlow, Sam Holloway, Matt Dickenson, Kim Glazier, Darryl O' Driscoll, Katherine Robbins, Emma Maurer, Amy Harrington, Ruth Tweedie-Smith, Calum Ferguson, Dom Holloway, Hannah Burvill, Lucy Sessions, Dan West, Summer Upton, Ellie Galloway, Alex Counsell, Anna Maine, Hazel Ferguson, Andrew Roy, James Chambers, Owen Morgan, Matt Ferguson, Kieran Hodson-Kilroy, Ed Lee, Chris Zahn, Noah Trundle, Alex Woodman, Mark Bicknell, Mark Tuddenham, Alex Warren

#### **What were your greatest achievements at Woking?:**

- European Masters silver medal 2018
- British Masters bronze medal 2014
- First Woking swimmer to compete at World Masters in 2017
- Reserve finalist South East Regionals 50m breaststroke 2011
- Multiple Surrey County Champs finalist
- Club Captain 2010-2011
- Breaststroke Philip Page Cup 2008
- Designed current club t-shirts
- Created current club slogan 'Ambition Unlimited'
- Created Haka chant we used for a time at Arena League galas
- Club Press Officer 2010-2014 (wrote club newspaper/website reports and 'Wavelength' annual club newsletter)
- Gala announcer for several years and trained several others to announce during this time
- Second longest serving member in club history, only because Alex joined six months before me and he's still here too.

#### **My time at University:**

Achieved 2:1 from Royal Holloway, University of London and captained the swimming team to promotion to BUCS Division 2 for the first time in their history. Was awarded Full Colours by the university as a result (the highest honour awarded for sports achievements).

#### **Post university:**

Currently working in the military defence industry. Continuing to train in my own time at Surrey Sports Park and compete in various Age Group and Masters events.