



Name: Andrew Roy

Date of Birth: 06/08/98

Date Joined WSC: September 2006

University (Dates): Oct 2016 - July 2020

I really enjoyed my time at Woking, right from when I joined, aged 8, all the way through to leaving to university. Personally, the thing which made it so enjoyable was the team spirit and friendship within club. I think it goes to show the friendship within the club, that I'm still great friends with many of the ex-swimmers who I swam with years ago. Some of my favourite memories came through the 3 trips to Cyprus that I went on, despite the hard training!

The majority of my training was under Vince who was the head coach at the time. I also trained under Mark Staiger, primarily for the land based section of my training.

When I started out at WSC, I really wasn't that good at swimming, I was very happy with getting a ribbon at Club Champs. However, as I grew up, I started to progress through the squads and started to win both County and Regional events and make finals at Nationals and British Champs. My most memorable race has to be the 4x100m free relay in the Winter Nationals before I left for university. It was a great team to be a part of and everyone swam amazing PB times. I also distinctly remember Ben Proud setting a new British Record for the 100m free short course in the lane next to us, which still stands to this day! It was also great to see Vince get emotional after the race, even shedding a tear!

I studied Natural Sciences at the University of Bath, graduating in 2020 with First-Class Honours. Throughout my first two years, I trained with the university performance squad and represented the university in both BUCS, Nationals and British Champs.

There certainly is a shock to the system moving from club swimming to university! Balancing both academics, training and the social side of uni was difficult, however, I wouldn't change a thing about it. There was the occasional late night into an early morning but in the end it's all worth it! Some of my closest friends at uni were the people who I met through swimming. I would have loved to continue swimming but the practicalities of my work placement as part of my degree made it too difficult.



Having now finished university, I have started on a graduate scheme working at EY. I still try to get into the pool every now and again when I can to maintain some level of fitness. Maybe when competitions resume, Masters may be on the cards!