



Name: Dan West

Date of Birth: 05/06/1996

Date Joined WSC: 2001

University (Dates): 2014 - 2018

Degree: Mechanical Engineering

### My Time at Woking Swimming Club:

I joined WSC when I was 5 years old and swam there until I went to university in 2014. During my time I competed from club champs up to regional level. I went to a number of different open meets, galas and events, the best of which was of course fun night every Christmas!

I trained with loads of different coaches including Karen Eastwood, Vince Ayling and Mark Staiger. My favourite memory was doing the WSC Haka on poolside in Cyprus in front of the GB Paralympic team – peak of my career!

### My time at University:

I joined Cardiff University in 2014 where I studied Mechanical Engineering. As well as studying, I joined the Cardiff University Swimming and Water Polo Club where I swam and played polo at BUCS competitions, making it to finals in both.

I also competed at the Celtic nations, a swimming and polo competitions between Welsh, Scottish and Irish nations. I had loads of fun both swimming and going away with the club, and it was a pivotal part of my university career.

I graduated in 2018 and found a job in Cardiff, where I am still in regular touch with friends from the club and from my course.



I am now working as a Building Services engineer in Cardiff and have started competing in triathlons, so I'm still swimming albeit not in a pool! I'm currently working towards doing an Iron Man before getting back in the pool in the future.