



Name: Abi White
Date of Birth: 17/07/1998
Date Joined WSC: September 2012
University (Dates): 2016-2019
Degree: Law

My Time at Woking Swimming Club:

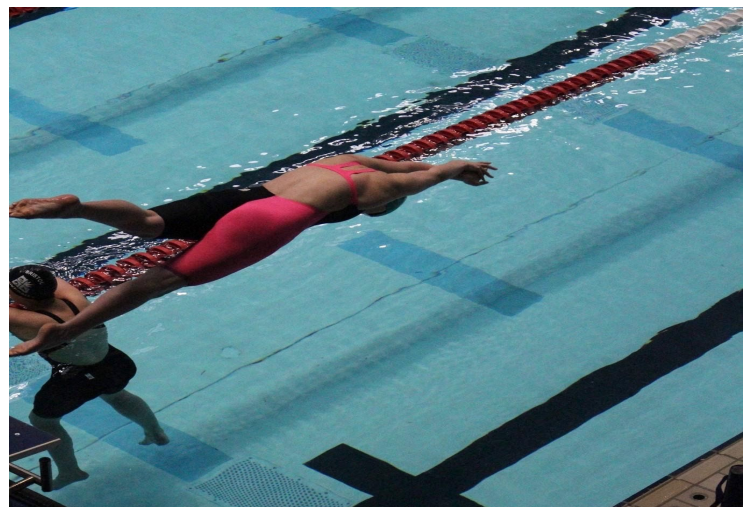
Moving to Woking Swimming club was one of the best decisions I made throughout my time swimming, I trained with Vince and Mark as my coaches and with some great people who I'm still in contact with today. As soon as I joined the team it was clear how supportive, friendly and driven everyone was. Training camps in Cyprus were definitely one of the highlights; training in the sun, the team challenges and staying with friends!

I spent a few years going to nationals and my biggest achievement at Woking Swimming club was winning the 4 x 100 medley relay at the 2015 summer nationals with Hannah, Hazel and Lucy. All the long hours and early mornings paying off!

My time at University:

At university I chose to take a step back from swimming and I joined the competitive university team rather than the performance squad. Even though my training hours decreased I was still swimming regularly and competing at university events such as BUCS and Varsity. I even found that friends I had competed against at regionals and nationals were now teammates!

I met so many new people through joining the swim team at university and would regularly go to social events and nights out post-training. I continued to swim throughout my degree and then became the female captain in my final year.



After University:

Now I have finished my degree I am working at a law firm in Guildford. I still occasionally swim for fitness when I have the time!