



## Woking Swimming Club goes from Strength to Strength in 2006

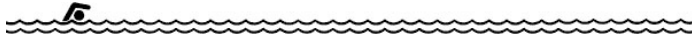
### Appointment of Deputy Head Coach.

It is with great pleasure that the committee appoint Karen Eastwood as Deputy Head Coach for Woking Swimming Club.



Karen's appointment to this role strengthens the club's coaching team structure and formalises an existing working arrangement. We are incredibly lucky to enjoy such a high standard of coaching from all the team and actively seek to encourage development as the club goes from strength to strength.

[www.wokingsc.co.uk/coaches.htm](http://www.wokingsc.co.uk/coaches.htm)



### 2006 - What a winner!

A great start to 2006 - here are some of the highlights

**Brighton Open Meet** - 13 Golds, 13 Silvers, 12 Bronzes (a total of 38 trophies, eclipsing 2005's results of 15) and 38 4th to 8th places (33 in 2005).

**Ealing Open** - 20 WSC swimmers went to the Ealing Open Meeting. WSC haven't been to a long course Open Meeting in such numbers for a very long time and didn't come away disappointed.

**Cranleigh B Open** - A group of 16 WSC swimmers were at the Cranleigh B Open. Over the course of the meeting, 26 PB's were achieved along with 8 Speeding Tickets!

#### Surrey's

Great results including Woking's first 1-2-3 in the Girls 12 year old 100 Breast.

Final Bagcat positions were awarded to Dominic Holloway (2nd), Becky Harding (3rd) and Daniel Gibson (3rd). Congratulations to them.



**Development Gala** - provided some very good and exciting swims from Woking. 3 Gold Medals, 9 Silvers, 6 Bronze and 57 4th to 8th placements were achieved. For many of the swimmers, this was the first time in a County Championship and was a worthwhile learning experience of this type of competition.

**Winners - Wey Junior B Gala** - Woking SC had a resounding win after a closely fought battle against 5 other clubs, and are now the holders of this very imposing cup.

#### Winners Round 1 - Minor League

Woking were ahead after the first 10 events and never lost the lead, coming away comfortable winners with a lead of 60 points over second placed Basingstoke.

#### Winners Premier League Round 1

Both Woking "A" and "B" teams travelled on the famous double decker coach to Epsom on the 25th March to win with Woking

"A" in first place with 261 points and Woking "B" in third place with 173 points.

#### Top Club Havant & Waterlooville Open Meet

Woking were top visiting club at the Havant & Waterlooville Open Meet - with 61 Personal Best Times & John Hargan claiming a District Qualifying Time in the 100m Backstroke.

#### Bournemouth Open

A total haul of 79 medals, numerous PB's and District times, along with 2nd place in the visiting clubs, as well as Dominic Holloway picking up the award for the Top Age Group Boy, were among the spoils of this weekend.



#### Haslemere B Grade Open Meet

This is designed for swimmers up to the age of 12 and allows them the chance to update their Personal Best Times. 66 Personal Best Times produced out of the 96 swims on the day.

**Winners Division 1 Minor League Trophy** for 2nd Year running.

#### Winners Rother Round 1

Woking Swimmers achieved 27 first to third places out of 34 individual events. Plus out of 17 relays, 12 first places were attained, including the squadron relay. Of the other 5 relay events, Woking came either second or third.

[www.wokingsc.co.uk/news.htm](http://www.wokingsc.co.uk/news.htm)



### ASA Registration Cards

Registration with the ASA is compulsory.

From 2006 the membership cards issued by the ASA to all swimmers, officials, coaches etc will be LIFE CARDS, i.e. they will be valid for as long as you are registered with the ASA.

Membership will continue to be renewed at the start of each year but only cards for new members will be issued.

If the life card is lost, you will have to pay a fee (currently £5.00) to have it replaced.

The Life card will continue to be valid if a swimmer changes category or moves to a different club.

As before, you may need to produce this Life card at Open Meets, County Championships etc.

Your ASA registration number is on the card - you will need this number when entering Open Meets.

[www.wokingsc.co.uk/ASAcards.htm](http://www.wokingsc.co.uk/ASAcards.htm)



### Sponsorship

Woking Swimming Club is interested in attracting sponsorship - perhaps sponsoring a night of Club Champs or advertising space in our programmes etc. If any parents have experience in this area and would be willing to advise, please contact any member of the committee. email [contactus@wokingsc.co.uk](mailto:contactus@wokingsc.co.uk)

## Social Corner



Bowling in May was a great success - some outstanding technique shown by all - especially Lane 5 when they hit the barrier .....uhmm!!

Well done to all

[Thorpe Park](#)

**We are booking Thorpe Park on Sunday 25th June - so put it in your diaries** (this will be open to all full members - as long as we get enough parent helpers for the under 12's!!)

[www.wokingsc.co.uk/social.htm](http://www.wokingsc.co.uk/social.htm)

## Guide to Open Meets - 1. Before The Event

Open Meets are open to full members who meet the relevant age and time qualifications; entry fees are payable by the swimmer. Each swimmer competes for him or herself for medals, ribbons and improved times, and our top swimmers for each event and age group earn points for Woking towards a Top Club trophy. The Club attends various Open Meets throughout the year, at different levels.

### Licensing/Grading system

The Amateur Swimming Association (ASA) licenses meets at levels 1(highest) to 4 (lowest).

Woking SC enters meets at all levels so that all our swimmers have a chance to compete at the right level for them. Please check the website regularly at [www.wokingsc.co.uk/EntryForms.htm](http://www.wokingsc.co.uk/EntryForms.htm)

Coaches will advise swimmers of suitable meets. If you have not been given details of a meet which you would like to enter then speak to your coach, who will help you decide if it is suitable for you.

### Entry Procedure

The procedure for entry is the same for all meets. Please see the website for all the detail [www.wokingsc.co.uk/openmeets.htm](http://www.wokingsc.co.uk/openmeets.htm)

### Filling out the entry form

In most cases we use the standard WSC form. You must fill out all the information requested as otherwise it can cause delays in processing and in sending in the completed forms.

You must put the swimmer's ASA number on the form. This is a wholly numeric reference (ie 123456), and is shown on the ASA registration card which all swimmers should have been given.

### Other Points

In the past I have accepted some entries even though the closing date has passed. Entries can not be accepted after the published WSC closing date. In exceptional circumstances, Open Meet organisers may accept individual applications up to their published closing date if you miss the WSC date. Some meets operate on a first come, first served entry basis, and in these cases entries need to be in well in advance of the organisers' stated closing date. That is why the date for return of forms is set as early as is necessary.

### Hilary Dickenson

**Open Meet Secretary - email [openmeets@wokingsc.co.uk](mailto:openmeets@wokingsc.co.uk)**

(Next Edition - What happens on the day at Open Meets)

## Summer Diddy Championships

### A date for your diaries !

This is an important event in the WSC Calendar - please keep this competition date free.

Saturday 1st July 2006

5.30 p.m. - Registration 5.05 - 5.20 pm

This event will be open to 1997-1999 born swimmers. All entries to the races will be totally at the coaches' discretion.

Watch the website or email [galagoddess@wokingsc.co.uk](mailto:galagoddess@wokingsc.co.uk) for further details

[www.wokingsc.co.uk/diddies06.htm](http://www.wokingsc.co.uk/diddies06.htm)



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[www.wokingsc.co.uk/newshop.htm](http://www.wokingsc.co.uk/newshop.htm)

**Please ensure all your Kit is clearly named..... we sometimes need to locate the owner....**



For more information visit the website [www.wokingsc.co.uk](http://www.wokingsc.co.uk) or email us [contactus@wokingsc.co.uk](mailto:contactus@wokingsc.co.uk)